

JUNE

WED

THU

FRI

SAT

1

2

3

4

HEALTHY LIVING
10:00 AM
HIIT
5:00 PM

SUN

MON

TUE

5

6

8

9

11

HIIT
10:00 AM
ROW FIT
4:00 PM

FRIENDS & FAMILY
COOKOUT
TUE. JUNE 7
7:00 PM

FREE SKIN
CANCER
SCREENING
SAT. JUNE 11
10:30 AM - 1:30 PM

ROW FIT
11:00 AM
HEALTHY LIVING
3:00 PM

12

13

14

15

16

17

18

HEALTHY LIVING
12:00 PM
HIIT
5:00 PM

HIIT
12:00 PM
ROW FIT
4:00 PM

19

20

23

24

25

ROW FIT
10:00 AM
HEALTHY LIVING
5:00 PM

INTERNATIONAL
YOGA DAY
TUE. JUNE 21
OUTDOOR CLASSES
VINYASA
6:00 PM
YIN FLOW
7:00 PM

HEALTHY LIVING
10:00 AM
HIIT
4:00 PM

26

27

30

HIIT
4:00 PM

